VACEOs - What Got You Here Won't Get You There

Developing Ourselves as Leaders, Coaching Our People and Building Engagement

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Goals

- Learn the classic challenges that come with success in leadership – especially for entrepreneurs – and learn how to use 'to stop' in coaching.
- Practice and be ready to use feedforward.
- Learn a proven leadership development model that you can use to develop yourself and coach others.
- Be ready to use daily questions and especially active questions – to increase individual effectiveness and build engagement.
- Leave with practical tools that you, as a leader, can immediately apply to help you achieve positive results – in the face of rapid change.

Teaching leaders what to STOP

"We spend a lot of time helping leaders learn what to do, we don't spend enough time helping leaders learn what to stop."

Peter Drucker

Classic challenges for entrepreneurial leaders

- Winning too much
- Adding too much value
- Passing too much judgment
- Learning to 'let go'
- Developing the next level of leadership – for scaling

What percent of all interpersonal communication time is spent on...

 People talking about how smart, special or wonderful they are (or listening to someone do this)

PLUS

 People talking about how stupid, inept or bad someone else is (or listening to someone do this)?



Using *small* amounts of money to create *large* changes in behavior

- No, but, however
- Great, BUT
- Destructive comments

Learning from a great leader

- The most important factor for successful change is the client – not the coach
- Don't make coaching about your own ego.
- If they don't care don't waste your time.
- If you don't care don't waste your time.

Coaching practice

- What one behavior change will make a significant positive difference for you?
- Why will this change make a difference?
- Repeat with your partner.

Feedforward

- The feedforward exercise
- Letting go of the past
- Listening to suggestions without judging
- Learning as much as you can
- Helping as much as you can
- Learning points to help you be a great coach

Developing yourself as a leader and partner

- · ASK
- LISTEN
- THINK
- THANK
- RESPOND
- INVOLVE
- CHANGE
- FOLLOW-UP

"Leadership is a Contact Sport"

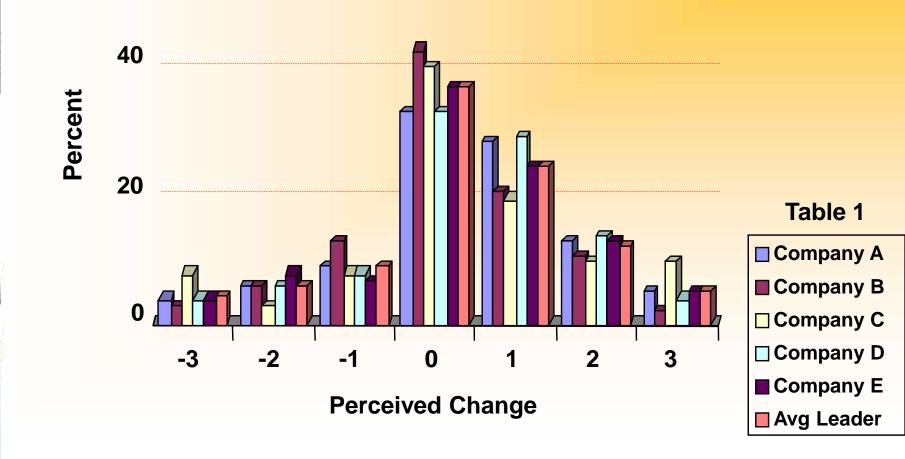
- Summary impact research
- Over 86,000 participants (248,000 in upcoming study)
- Cross-cultural, cross-industry, multi-level validation
- One of nine most-outstanding articles ever published in Strategy+Business

Commonalities

- Multi-rater feedback
- Focused areas for improvement
- Discussion with co-workers
- On-going follow up
- Custom-designed mini-survey

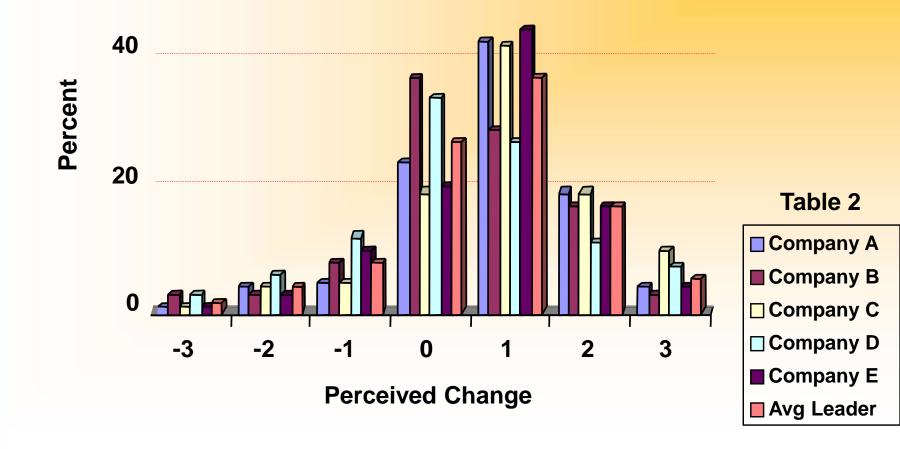
Change in leadership effectiveness

My co-worker did no follow-up



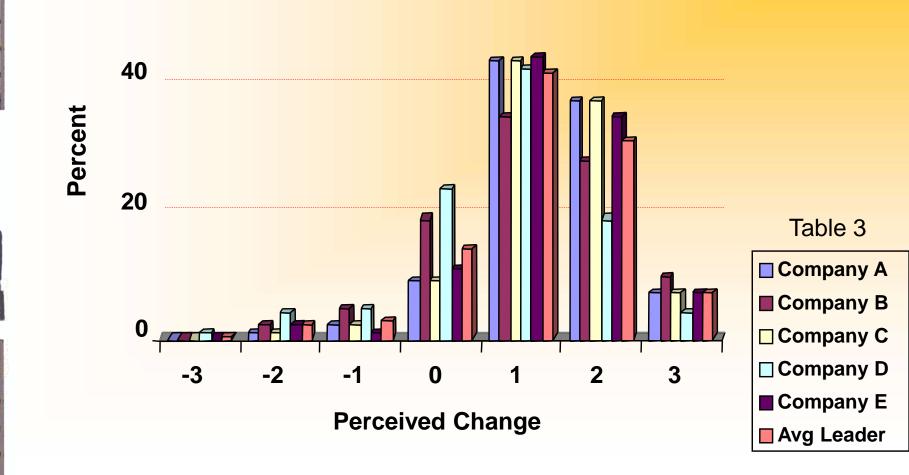
Change in leadership effectiveness

My co-worker did a little follow-up



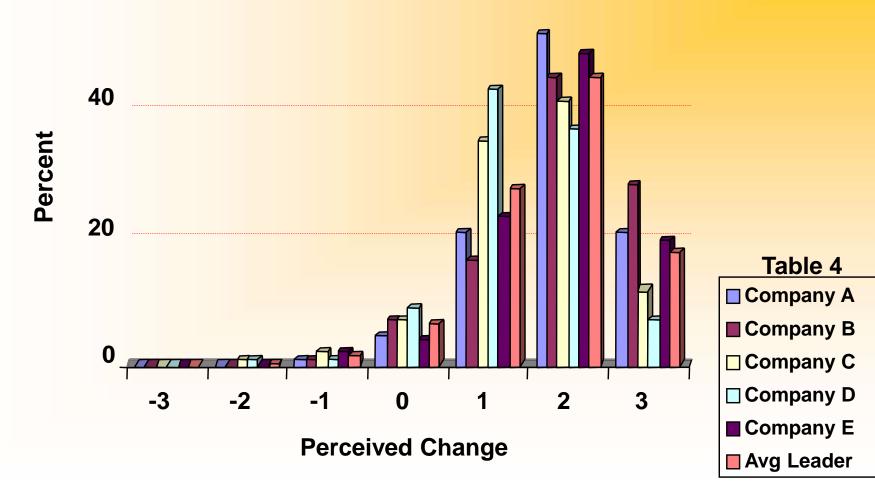
Change In leadership effectiveness

My co-worker did some follow-up



Change in leadership effectiveness

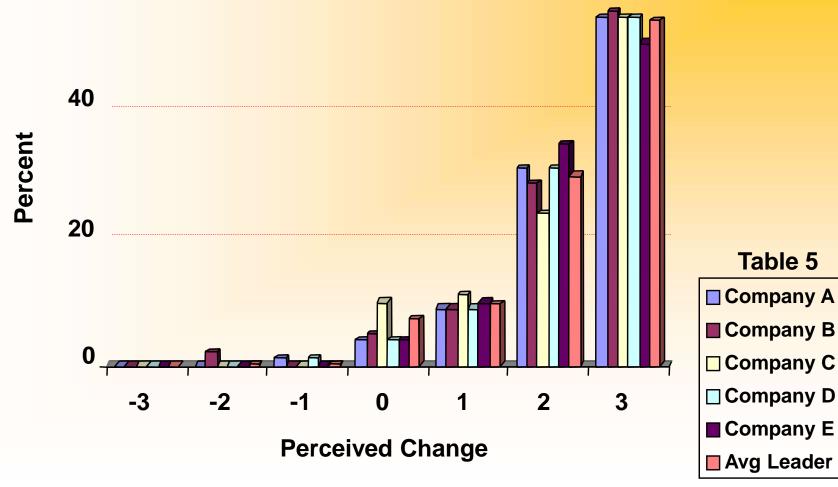
My co-worker did frequent follow-up



Change in leadership effectiveness

My co-worker did consistent/periodic follow-up

Table 5



Changing perception

- Why changing perception is more difficult than changing behavior
- How follow-up leads to a long-term change in perception – as well as behavior
- The Roman numeral watch case study

When behavioral coaching will not work

- The person doesn't want to change
- "Written-off" by the company
- Lacks business or technical knowledge
- Wrong strategy or direction
- Integrity or ethics violations
- Person in wrong job company

Coaching for behavioral change

- Involve the person (and boss) in determining key stakeholders.
- Recruit key stakeholders to be part of the change process:
 - Let go of the past
 - Be positive and supportive
 - Tell the truth
 - Two-way improvement

Coaching for behavioral change

- Collect feedback.
- Analyze results.
- Have the person respond to key stakeholders.
- Provide ongoing suggestions.
- Follow-up.
- Conduct a mini-survey to measure change.

It is OK to need help and structure

- 'The dream'
- The changing role of coaching from 'fixing losers' to 'helping winners'
- 27 top executive endorsements
- Athletes, movie stars, world leaders
- If could have fixed it by yourself, it would probably be fixed by now
- 'I need help and it is OK!'

The value of structure

- The Checklist Manifesto
- Stakeholder centered coaching process
- Six Question process
- Daily question process

Six Question Coaching

- 1. Where are we going?
- 2. Where are you going?
- 3. Doing well?
- 4. Suggestions for improvement?
- 5. How can I help?
- 6. Suggestions for me?

Mutual Responsibility

Daily Question Process

- Why the process works
- How the process works
- Applications on employee engagement

Active questions vs. passive questions

- How active questions focus on what you can do to make a positive difference for yourself and the world
- How passive questions focus on what the world needs to do to make a positive difference for you

Six active questions Did I do my best to:

- Set clear goals?
- Make progress toward goal achievement?
- Be happy?
- Find meaning?
- Be fully engaged?
- Build positive relationships?

The two week study

- You will get an email every day for two weeks – asking six active questions
- You will receive 'before and after' questions
- The daily process takes just a couple of minutes

Active question research 2793 participants – 95 studies

- 46% reported improvement on all six items
- 75% reported improvement on at least four items
- 94% reported improvement on at least one item.
- 6% reported no improvement
- Less than 1% of respondents reported overall lower scores

Six active questions Did I do my best to:

- Set clear goals?
- Make progress toward goal achievement?
- Be happy?
- Find meaning?
- Be fully engaged?
- Build positive relationships?

The best coaching advice

- For you as a person
- For you as a professional